

# Heeramandi: Support & Safeguarding Resources

As part of our commitment to care, dignity, and community wellbeing, we are sharing key UK support services. These organisations offer confidential advice, protection, and support for those who may be affected by themes explored in this production.

## Modern Slavery & Trafficking

- Modern Slavery Helpline – 0800 0121 700 (24 hours)
- NSPCC Helpline – 0808 800 5000

## Sex Worker Support & Safety

- National Ugly Mugs – 0800 464 7669
- Streetlight UK – [www.streetlight.org.uk](http://www.streetlight.org.uk)
- English Collective of Prostitutes – 020 7482 2496

## LGBTQIA+ Support

- Switchboard LGBT+ Helpline – 0800 0119 100 (10am–10pm)
- LGBT Foundation – 0345 330 3030
- Galop – 0800 999 5428
- MindLine Trans+ – 0300 330 5468

## Domestic Abuse Support

- National Domestic Abuse Helpline – 0808 2000 247 (24 hours)
- Respect Men's Advice Line – 0808 801 0327 (Mon–Fri, 10am–5pm)

Heeramandi is rooted in storytelling that acknowledges both beauty and complexity. We recognise that some themes may resonate personally. If you or someone you know needs support, these services are here to help.