

**Trigger Warnings – Theatre Royal Stratford East****Equus**

Recommended ages 14+

Equus is a psychological thriller/horror that contains themes of violence and discussions of mental health. Contains scenes of sexual violence, full frontal nudity and strong language. Strobe lighting, haze and the smoking of herbal cigarettes are used in this production.

If there are certain themes that you would find particularly upsetting and you'd like to speak to one of Stratford East team to find out more about a show before you book, please give us a call on 020 8534 0310 or email us: [tickets@stratfordeast.com](mailto:tickets@stratfordeast.com).