# THEATRE WORKSHOP BAR

# LUNCH -AVALIABLE UNTIL 5PM

JACKET POTATO ... 4.80 Choose your filling: tuna mayo, cheese, beans and coleslaw. Comes with a side salad \* First filling on us then £1 for any extra \*

**CHICKEN WRAP ... 5.50** Grilled chicken breast wrapped in a tortilla with coleslaw and salad

VEGGIE BURGER WRAP (VG) ... 5.50 Homemade veggie burger in a tortilla wrap.

**OMELETTE ... 4.50** Choose your filling: cheese, onion, peppers. \* First filling is free, extra £1 \*

# BURGERS-

VEGGIE BURGER ... 8.00 Veggie burger in a brioche bun

BIG OL' BEEF BURGER ... 8.50

Beef burger in a brioche bun \* Add cheese 75p \*

> GRILLED CHICKEN BURGER ... 8.00

Lightly seasoned chicken breast in a toasted brioche bun

#### MAINS

#### CHEF'S JERK PLATTER TO SHARE (IF YOU WANT TO) ... 16.00

BBQ jerk skewers, legs, thighs, salmon goujons with roasted sweet corn and tomato and avocado salsa

#### BROWN STEW CHICKEN ... 9.50

Served with choice of rice, plantain and a side salad

**JERK CHICKEN ... 9.50** Grilled chicken on the bone served with house jerk sauce

**MUTTON CURRY ... 9.50** Slow cooked mutton curry stew with rice and peas

### FISH

COU COU WITH SWORDFISH ... 10.00 Served with garlic tomato and pepper sauce

CARIBBEAN FISH STEW ... 9.50 Served with savoury rice and spicy pepper sauce

**RED MULLET ... 9.50** Served with hard food

SALTFISH CAKES ... 9.00 With carrot and sweet potato mash and lemon drizzle sauce

ACKEE & SALTFISH ... 9.00

Ackee & saltfish slow cooked with onions and scotch bonnet peppers with a choice of rice

## NOT MEAT

VEGETABLE SKEWERS (VG) ... 7.50

With roasted sweet potato, coleslaw, avocado salsa and sweet chili sauce

ROASTED CAULIFLOWER CHEESE (V) ... 7.50

With honey roasted vegetables, garlic bread and coleslaw

**ITAL STEW (VG) ... 8.00** Spicy veg stew with rice and peas

CHEF'S SPECIALS..... ASK FOR TODAY'S

# JUNIOR MENU - All £5.50

All come with chunky chips - avaliable until 6pm

**LITTLE BEEF BURGER** All the good stuff from the big burger, but littler

JUNIOR VEGGIE BURGER Like a big veggie burger, but in miniature

FISH FINGER SANDWICH No squidding, just a fish finger sandwich...

**CHICKEN FINGERS** Why did the chicken cross the road? Fingers.

#### DESSERTS

Always got something new, please ask or see the blackboard

# SALADS

NICOISE SALAD ... 8.50 Tomatoes, hard-boiled eggs, Niçoise olives, anchovies and dressed with olive oil.

HOUSE SALAD ... 7.50 Chefs selection of seasonal salad stuff

### SIDES

**COLESLAW .... 2.20 CHUNKY CHIPS ... 3.50 SIDE SALAD ... 3.50** FRIED DUMPLING ... 1.00 **ONION RINGS ... 3.00** RICE AND PEAS ... 3.00 **SAVOURY RICE ... 3.00** JAMAICAN PATTIES .... 2.00 Please ask for flavours **WHITE RICE ... 2.30 PLANTAIN .... 2.20** OKRA ... 3.00 **HOT SAUCE ... 1.50** Homemade spicy sauce.....We did warn you.

### LIGHT BITES

ALL £4 ..... OR 3 FOR £10 Ackee & Saltfish DUMPLING MACARONI CHEESE FRIED CHICKEN CHICKEN WINGS They. Are. Hot.

Kitchen times; Mon-Thurs 12.00-8.45, Fri-Sat 12.00 9.45, Sun 1.00-7.45. Please order at the bar.